

Eric Bensoussan

RELATIONSHIP COACH,
SPEAKER
& CREATOR OF THE
EMOTIONAL RESET CODE™



Eric Bensoussan is a Transformational Relationship Coach and the founder of Relationships Reimagined™. He is known for his compassionate, intuitive, and psychology-informed approach to healing relationships from the inside out. Eric guides individuals and couples to release emotional pain, interrupt destructive patterns, and experience love that feels safe, real, and emotionally alive.

His signature framework, The Emotional Reset Code™, is rooted in emotional integration, nervous system awareness, and deep inner child work—helping people stop love sabotage and return to authentic connection. His work has been featured in national media and is reshaping the way people think about love, healing, and intimacy.

THE CORE OF HIS WORK

At the heart of Eric's work is a simple but powerful truth:

Emotional safety is the new sexy.

He believes the quality of our relationships mirrors the quality of the relationship we have with ourselves. When people feel emotionally safe—seen, heard, and honored for who they truly are—they no longer need to perform, hide, or over-give in order to feel loved.

Eric's approach blends psychology, emotional integration, and spiritual self-awareness. He guides individuals and couples to turn inward, heal unresolved pain, and gently rewrite the emotional blueprint of how they love—so they can create connection that feels authentic, nourishing, and deeply real.

CORE VALUES

- Integrity
- Presence
- Emotional Integration
- Authenticity
- Growth
- Compassion

SERVICES OFFERED

- Workshops & Keynotes
- Virtual Summits & Events
- Podcast & TV Interviews
- Private Coaching
- Group Coaching Programs
- Retreats

SPEAKING TOPICS

- ✓ Emotional Safety in Modern Love
- ✓ Breaking Free From Love Sabotage
- ✓ Healing the Inner Child in Relationships
- ✓ Conscious Communication for Couples
- ✓ Emotional Repatterning After a Breakup
- ✓ How Inner Work Transforms the Way We Love
- ✓ Shifting Old Patterns to Create Conscious Love
- ✓ Creating Relationships That Feel Like Home



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Please feel free to reach out for booking inquiries or for any questions.

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