

Eric
Bensoussan

TRANSFORMATIONAL
RELATIONSHIP COACH,
SPEAKER
& CREATOR OF THE
EMOTIONAL RESET CODE™



Eric Bensoussan is a Transformational Relationship Coach and the founder of Relationships Reimagined™. He is known for his grounded, compassionate, and psychology-informed approach to healing relationships from the inside out.

Through his signature framework, The Emotional Reset Code™, Eric helps individuals and couples release emotional pain, interrupt destructive patterns, and experience love that feels safe, authentic, and emotionally alive.

Rooted in emotional integration, nervous system awareness, and inner child work, The Emotional Reset Code™ guides people to stop love sabotage and rebuild connection from a place of self-trust and emotional safety.

Eric's work has been featured in national media and is reshaping the modern conversation around love, healing, and intimacy.

THE CORE OF HIS WORK

At the heart of Eric's philosophy lies a simple but powerful truth: emotional safety is the foundation of lasting love.

He believes that the quality of our relationships mirrors the quality of our relationship with ourselves. When people feel emotionally safe—seen, heard, and honored for who they truly are—they no longer need to perform, please, or hide to feel loved.

Eric's approach blends psychology, somatic awareness, and spiritual growth to help clients turn inward, integrate unresolved pain, and rewrite the emotional blueprint of how they love. His work empowers people to build relationships that feel authentic, nourishing, and deeply real.

CORE VALUES

- Integrity
- Presence
- Emotional Integration
- Authenticity
- Growth
- Compassion

SERVICES OFFERED

- Workshops & Keynotes
- Virtual Summits & Events
- Podcast & TV Interviews
- Private Coaching
- Group Coaching Programs
- Retreats

SPEAKING TOPICS

- ✓ Emotional Safety in Modern Love
- ✓ Breaking Free From Love Sabotage
- ✓ Healing the Inner Child in Relationships
- ✓ Conscious Communication for Couples
- ✓ Emotional Repatterning After a Breakup
- ✓ How Inner Work Transforms the Way We Love
- ✓ Shifting Old Patterns to Create Conscious Love
- ✓ Creating Relationships That Feel Like Home



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Please feel free to reach out for booking inquiries or for any questions.

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